



The Gold Standards Framework (GSF) Care Homes Training Programme



WE NOW INVITE YOU TO JOIN THE NEW REVISED 2018 PROGRAMME

The new revised 2018 GSF Care Homes Programme is now:-

1. **Updated** - in line with current best practice including new resources
2. **Shorter** - 3½ days over 6 months
3. **Simpler** - more focussed with 7 key tasks leading to Accreditation
4. **Cost effective** - reduced cost reflecting fewer training days enabling greater uptake
5. **Outcome focussed** - evidence of audits, outcomes, systematic care useful for CQC
6. **Digital-ready** - helps get you ready for better IT record sharing to meet 21st C needs
7. **Locally delivered** - through GSF Regional Training Centres

Care homes have become one of the mainstays of end of life care outside hospitals and are key providers of person-centred care for a large proportion of people nearing the end of their lives, particularly the elderly and those with frailty and dementia. In fact, some predict that care homes may replace hospitals soon as the most common place for people to die. They have a significant impact on hospital services - half of all care home residents' admissions to hospital could be avoided if staff in care homes were better trained (National Audit Office 2008). This would enable more people to live and die more peacefully where they choose, whilst reducing hospital admissions.



GSF has been part of a national momentum of best practice since 2004. GSF is the most widely used end of life care improvement programme for frontline staff with every GP Practice (basic level) over 3,000 care homes GSF trained, hundreds accredited and many reaccredited 2 or 3 times. GSF is regarded as a kitemark for quality.

GSF training and accreditation ensures systematic proactive, person-centred end of life care, improving patient experiences, coordination and patient flow across boundaries of care, cost-effectiveness and improved outcomes.

GSF empowers care home staff to engage in more productive working relationships with GPs and other health and social care professionals. *It is about putting national policy into practice at grass roots.*

GSF involves 3 simple steps


1. **Identify** - Recognise decline early, code all residents related to their identified needs
2. **Assess** - all residents clinically and personally with Advance Care Planning discussions
3. **Plan** - Enable all residents to live well and die well in the place of their choosing, reducing unnecessary hospital admissions and improving communication with GPs, hospitals and others.

Accredited Care Homes receive the GSF Quality Hallmark Award



NEW Care Home programme

delivered over 6 months

Day 1	Day 2	Day 3	Day 4	Pre Accreditation webinar
1. Introduction and Preparation 	2. Identify 3. Assess	4. Living well 5. Dying well	5. Family / carers 6. Compassionate care 7. Systematic Next Steps	
Homework Preparation 3 tasks 1. Get ready 2. Tell others 3. Measure- ADA KOR HA audit	Homework 1. Code residents 2. Needs Support Checklists 3. ACP for all	Homework 1. Clinical Assessment tool 2. Admissions tracker in 3. SEA Care in final days	Homework 1. Dignity enhancing care 2. List of staff trained 3. KOR	

The GSF Care Homes Training Programme and Accreditation is recognised by:-

- Skills For Care as an Excellent Provider
- Care England, National Care Forum, National Care Association and Registered Nursing Home Association
- Care Quality Commission



What teams from GSF Accredited Care Homes say.....

"All the principles you implement when doing GSF are principles that help you to get an outstanding inspection from CQC. The inspector mentioned that our care for people who are dying is like a hospice. I really think that it was GSF that helped us get the outstanding rating." Kineton Manor Nursing Home rated outstanding by CQC.

"GSF has improved what we do immensely and we've noticed a major reduction in hospital admissions. In fact, hospitals and hospices are now referring patients to us to look after at the end of their lives." Denese McPhee, Manager, Church View Nursing Home.

"One of the overwhelming outcomes of following the GSF accreditation process for us has been the significant culture shift across the whole home. The trepidation and angst, which used to come with broaching the subject of death and wishes surrounding it, has now gone – Advance Care Planning is now embedded in the fabric of the whole organisation." Owner Louise Bruce, Melrose Care Home, GSF Care Home of the Year

"The new updated GSF programme represents incredibly good value, builds on 15 years of success involving thousands of care homes where it has been shown to be transformational, not only for staff but for relatives and residents. GSF helps demystify dying and encourages everyone to play their part, so staff morale improves and turnover decreases. In enabling better quality care, with better outcomes recognised by CQC, this helps differentiate quality homes from others, making them stand out in this vital area of care."

Professor Martin Green OBE, Chief Executive: Care England. February 2018

