



Arthur Rank Hospice Charity

NATIONAL RECYCLE WEEK

This years theme is 'Rescue Me'!



You can keep items out of landfill by:

- Donating or buying pre-loved items (including furniture) to our shops.
- Upcycling pre-loved items - jam jars and cans make great candle holders, furniture can be repainted for a makeover etc.
- Saving and taking your single use plastics, make up and batteries to your local supermarket.
- Thinking green before you buy - do you need it? Can you get a sustainable option?
- Recycling your used ink cartridges at our Hospice, shops or the Alan Hudson Centre in Wisbech.
- Donating or buying from our plant stall (from Spring - Autumn)
- Returning compression stockings (via Lymphoedema Team)
- Signing up to our Christmas Tree Recycling Scheme
- Recycling used walking aids
- Using rechargeable batteries
- And much more- what will you do?

You can find out more about our green ways here!

