



Cost of Living Crisis - advice and support in Cambridgeshire

Cost of Living

As the cost of living crisis continues, this information sheet aims to signpost you to online advice about helping manage financial pressures and keeping warm.

All the websites listed are not connected or maintained by Arthur Rank Hospice Charity and they may be subject to change.

Government advice

Help for Households

Help for Households is a government site for people worried about managing rising goods and energy prices, inflation, and cost of living pressures. Go to the Help for Households website for further details about what support there is to help with the cost of living.

Warm Hubs

Warm hubs are usually open November to March. They range from community centres to libraries and offer a warm, friendly and inclusive environment with access to hot food, tea and coffee. Some hubs also provide residents with somewhere to socialise, take part in activities and receive information on how to reduce bills, access financial support, and stay healthy and well.

Cambridge: www.cambridge.gov.uk/warm-and-welcoming-spaces

South and East Cambridgeshire: www.cambsacre.org.uk/what-we-do-cambridgeshire-acre/warm-hubs/

Fenland: www.fenland.gov.uk/costoflivingsupport

Huntingdonshire: www.huntingdonshire.gov.uk/warmspaces

Cambridge: www.cambridge.gov.uk/warm-and-welcoming-spaces

Peterborough: www.peterborough.gov.uk/council/campaigns/support-with-the-cost-of-living

Managing money

MoneyHelper

MoneyHelper aims to put you in control, with free, impartial help that's quick to find, easy to use and backed by the government. For further information go to the MoneyHelper website.

Dosh - Financial Advocacy

Dosh supports people with a learning disability to be able to manage their money. For further information go to the Dosh website or call **0300 303 1288**