



Arthur Rank Hospice Charity



What is Hospice Care?

Hospice care focuses on the quality of life for people living with an advanced serious illness, life-limiting condition or those who need end-of-life care. We support people to live well with their condition and to have a good death, when this time comes.

Arthur Rank Hospice Charity provides support to patients and their families focusing on physical, psychological, spiritual and social care. Our holistic and tailored support aims to improve the quality of life for patients, fulfil their end-of-life choices and make every moment count.

Our services are provided **free of charge** to patients and their families in Cambridgeshire. They are delivered by a team of specialist doctors, physiotherapists, occupational, psychological and complementary therapists, registered nurses, healthcare assistants, a social worker, chaplain, support staff and volunteers who help us provide our services.

Hospice at Home and Community Services

Our Community Team offer a Hospice at Home service for patients as they approach the end of their life. They provide specialist hands-on care in people's own homes alongside relatives, carers, GPs and other healthcare professionals. Our Clinical Nurse Specialists help with future care planning, symptom management and accessing healthcare services.

In-Patient Hospice Care

Our fully equipped hospice in Cambridge offers in-patients a tranquil and peaceful environment where they are cared for by our end-of-life clinical specialists. Most rooms are single space with ensuite facilities overlooking the courtyard garden. We have two four-bed bays, one for women and one for men. Visitors and families are welcome to use the communal areas, family lounge, children's room and there are also two family apartments where loved ones can stay, also free of charge.

Patient and Family Support

We offer our patients and their families a range of support services, including psychological and social support, spiritual care for people of all faiths or none, counselling and bereavement support. Our Sanctuary offers a quiet space for prayer and reflection. There is a prayer tree on which people of all faiths can place their thoughts and prayers. Qibla is marked and prayer mats are available for Muslims. Resources such as scriptures and prayer books are also available for those of other faiths. We also have good links with many

religious leaders in the local community who make themselves available for those who might require specialist religious care or advice in the hospice.

Out-Patient Services

We offer out-patient services for physiotherapy, psychological or complementary therapies in our Clinic Rooms in the Bradbury Wellness Suite at the hospice.

Living Well Support Services

Our Living Well Services support patients living with a life-limiting condition, and their loved ones, to live fully through a range of education programmes with a rehabilitative focus. This includes day therapy, rehabilitation, group sessions including a carers group and living well support services. At the Alan Hudson Day Treatment Centre in Wisbech we provide day care, medical treatments, blood transfusions and drug therapies as well as Living Well and therapy services for patients in north Cambridgeshire.

Access to Hospice Services

Should you require a referral, please speak to your GP, District Nurse or other healthcare professional involved in your healthcare. For further information about our services, visit our website or contact us by telephone (see below for details).

Visit the Hospice

We welcome visitors to the hospice. The Bistro is open daily with a range of cuisine that caters for vegetarian, vegan and other dietary requirements, including halal and kosher preparation¹.

Arthur's Shed is a community hub which provides a programme of free activities and a community meeting venue in the hospice and our hair salon is open to visitors by appointment.

If you would like to find out more about how to visit or support your local hospice charity, please visit our website or contact us.