

# **Caring Communities Scheme**

Caring Communities is a scheme provided by Arthur Rank Hospice Charity for people already known to one of our services, or for carers of someone supported by us. The service is available for those living in Cambridgeshire who would benefit from the companionship of a weekly chat.

We provide a volunteer to visit you in your home on a weekly basis for up to two hours for up to eight weeks. The volunteer will spend quality time with you enjoying a cup of tea and a chat and can support you with what is important to you, be that reading the paper, helping with correspondence, light household tasks or signposting you to other services that may be of benefit to you. We can provide a weekly telephone support call if you would prefer this to a visit.

Our volunteers are carefully matched to your interests, have all undertaken a Disclosure and Barring Service check and have had full training. The volunteer will have an identification badge which they will display to you on arrival.

"Charming people, I feel I know them as friends. I always look forward to the calls"

A service User

#### We aim to:

- Support you to live well and remain independent
- Provide you with companionship
- Support you to connect with your local community support services

## We will achieve this by:

- Visiting you in your own home or support you by telephone
- · Listening to you
- Providing you with details of other services and support networks available

#### **How to Access the Scheme**

If you feel this would be of benefit to you, please speak to your contact at Arthur Rank who can refer you to the scheme.

### **Contact Caring Communities**

You can speak to our Caring Communities Coordinator on **01223 675868** or email **caring@arhc.org.uk**.

All information is correct at time of print and may be subject to change. Please visit our website for the most up-to-date information. If you have any feedback or would like this information in a different format or language, please contact us.

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