



Arthur Rank Hospice Charity



Gifts in Wills

Providing future generations with
life enriching care and support

making every moment count

Touching the lives of patients day and night, 365 days of the year

Many of us have a connection with hospice care in some way, and acknowledge that others we know and love may need hospice care in the future.

We care for people of all ages. This could be a 97-year-old man with great grandchildren, a 30-year-old who has just got married, or a 51-year-old who has a partner and a young family. This is the reality of end of life care.

Our present hospice is a stark difference from where we called home, on Mill Road, for so many years. What a remarkable journey we've been on, thanks to amazing supporters like you. We are in much improved surroundings today and the care is still the same as ever - high quality, attentive and specialist. The care that everyone within our community truly deserves.

This booklet gives you an insight into some of our services and how care is delivered at our Hospice and in our community.

Together, we can continue to develop hospice care, to ensure future generations are provided the care and comfort they need.

Gifts in Wills can help us to look after even more people. They can help achieve our ambition: that no-one feels alone when living with the effects of a life-limiting illness and that anyone who needs our specialist round-the-clock care can access it, whether that is now or in the future.

"When someone is dying you only get one chance to get it right and whilst that is important to the patient, it is also really important to their family and friends. At the Hospice our nurses are highly trained in specialist palliative care which means we can care for patients with very complex needs, but we also have the time to give that care and attention which is so important."

Carly Love, Matron



Arthur's Shed

Thanks to a gift in a Will, we have Arthur's Shed - a space where people can work on creative projects; a place of leisure where natural conversations can take place and relationships can be built, resulting in huge health benefits for patients and their carers.



Gifts in Wills help us continue our valuable work - they can help transform lives

The number of people we care for - patients and loved ones - is increasing and we are able to respond to growing needs thanks to gifts in Wills. These are special, transformative gifts left to us and ultimately, those we care for.

We understand that much thought goes into deciding if leaving a gift in a Will is the right thing to do for you, and we recognise that you will want to look after friends and family first. After taking care of loved-ones, we hope that you'll consider leaving a gift to Arthur Rank Hospice Charity. This special act will give future generations the gift of the best possible care at a vital time in their life.

You can help us achieve our mission, which is to support patients with a life-limiting diagnosis to improve their quality of life and fulfil their choices at the end of their lives. This will be achieved through the delivery of excellent, innovative and compassionate specialist and community based palliative care.

Knowing that there are professionals who can manage overwhelming symptoms and relieve pain, gives a patient and their family peace of mind. We are there to ease worries and be a pillar of support to all affected.

It is our responsibility to make sure we develop the hospice care we offer, so we can respond to the individualised needs of those we support. One of the most amazing developments we made was in 2016, when we opened the doors to our state-of-the-art building in Shelford Bottom. This became a reality thanks to people wanting to make a difference by leaving us a gift in their Will.

If you would like a copy of our Guide to Making your Will, please call Rachael on **01223 675881** or visit arhc.org.uk/guide-to-making-a-will.asp

Anything you can leave, no matter how large or small, will have a huge impact. 1% of your estate can help to ensure that we're here for all those who need us.

" Thank you for providing extraordinary people to spend the night looking after my son while we managed to get some sleep which we desperately needed. It was not only that their presence was so reassuring; it was the compassion and care shown to my son. "

Family member of patient in last weeks of life

Hospice Care

Giving people choices

We believe people should be able to decide, wherever possible, how they want to live through to the end of their life - this includes helping them fulfil their final wishes.

If a person expresses a wish to spend the last days of their life at home, surrounded by their own personal belongings, their special memories and the security they bring, then our Hospice at Home team are on hand. The team support the patient and their family to reduce worries and anxiety whilst being made comfortable.

Retaining our greatest asset - our clinical teams

Our nurses, doctors, staff and volunteers are our greatest assets.

The care given by our nurses not only involves a detailed, personalised care programme, it involves providing psychological, social and spiritual support to ensure the best quality of life for patients and their family.

We make sure our patients' wishes have been explored at every possible opportunity, requiring a high level of skill and appreciation for what is important to the patient and their family.

Delivery of care would be impossible without our highly skilled multi-disciplinary team.

Our reach

We are the only adult hospice that provides specialist palliative and end of life care throughout Cambridgeshire. Our team operate from the Arthur Rank Hospice in Cambridge, the Alan Hudson Day Treatment Centre in Wisbech and across the community via our Arthur Rank Hospice Community Team.



"I love spending time with patients. It is a real privilege to be with them at such an important point in their life. Sometimes they will not be with us very long but you can see the relief in their faces when they are settled in the Hospice - so often they tell us they have a sense of peace just being here."

Jane Van de Peer, Ward Sister



"Thank you for being so helpful over these last weeks. I will always be grateful to you for helping me through this."

Patient family member

Care extending beyond our patients - patient and family support team

When we are caring for a patient, their relatives, loved-ones and friends can all be greatly affected. We recognise that patients and their families are often encountering a host of conflicting emotions and immense tension when facing serious illness and death.

Supporting someone close to you who has been diagnosed with a life-limiting illness, or coming to terms with the death of a loved-one can be very difficult. Our family support team are there for you to reach out to.

We understand the huge role loved ones play in the patient's journey and do what we can to help them face today, tomorrow and the future - helping promote their long-term wellbeing.

Making every moment count is crucial in life and death and your generosity enables our patients to live well and supports their loved ones to live on.

Our patient and family support team supported 337 patients and loved ones

"Three close members of my family have been supported by the Hospice - four if you include the support I received from the Patient and Family Support Team. They have been there for me and my family, and I feel that leaving a gift in my Will shows how much I regard the work they do and how important it is to me that they can continue to give people the support they need."

Mr C, Cambridgeshire

Keeping families together - personal spaces

Moments in time are even more precious when a patient is nearing the end of their life. Battling the logistics of travel, the heartache of being apart and the notion of not saying goodbye can be too much to bear. We have two dedicated, private family suites, to enable families to stay close.

The inpatient unit has a family lounge and communal areas which allows space to reminisce about the good times, to try to make sense of the difficulty of the situation or simply to have time together.

Our garden provides a sense of restoration and recuperation for anyone that enters and brings a sense of normality helping patients and visitors cope with another day.

The Bistro welcomes patients and families to come together in a friendly atmosphere, where freshly cooked meals can be enjoyed whilst sitting amongst visitors, staff and volunteers.

We believe it's our duty to support loved ones to be together for as long as needed and in the way that feels right.

We provide over 4,200 patients a year, with care that is personalised to meet their needs.

"It doesn't feel like a place you go to die. It feels like the place where you go to live out the last bits, to live, at the end. Somewhere you're going to, to make the most of whatever time is left, and to do it in comfort and security.

This was the worst thing that has ever happened to me, that I have ever experienced or I could imagine ever experiencing in my life - the shock and the quickness of the situation - and I feel confident saying the same about Mike. I find it astounding that despite the torture of that situation, there was still something positive in it and that - without a shadow of a doubt - is what we got from the hospice."

Mike, aged 43, was diagnosed with terminal renal cancer with metastatic bone cancer in January 2017. He was cared for at the Hospice for three months. Kirsty [words above] and her four year old daughter Lizée, were able to stay in one of our family apartments so they could be by Mike's side.





“I can’t tell you how much I have appreciated your help. I feel able to face what is happening to me whereas before I was ready to give up.”

Living Well patient

The Evelyn Living Well Centre and Bradbury Wellness Centre - a haven for supportive, rehabilitative care

With patients presenting such a wide range of symptoms and conditions it is now more important than ever to provide a variety of supportive sessions to meet these particular needs.

These evolving services are essential for not only patients, but their carers and loved ones too. Our specialist palliative care team create tailored care plans for patients to address complications including breathlessness, mobility and reduced independence.

Both Living Well and the Wellness Centre provide a relaxed environment to help our day patients feel at ease, so they can get the most out of the support we provide. We help patients and their family take care of their physical, social and psychological wellbeing by offering a number of supportive therapies and treatments, which include: art, music, exercise and complementary therapy.

* excludes Alan Hudson Day Treatment Centre

We are passionate in ensuring every patient has access to the right care, at the right time and that it should be tailored to meet the needs of each individual.

Our complementary therapists provide 305 people* with specialist treatments each year.

How you can help to make a remarkable difference in the future

Leaving a gift in your Will won't cost you a penny in your lifetime. It has the power to, one day in the future, give patients the opportunity to live the best life possible to the very end and create positive last memories for their loved-ones.

Our care continues to come first and we need help to ensure that we can continue to fund the day to day activities that are crucial for so many.

Types of gifts:

Share of your estate - also known as a residuary gift. This is a share of what is left of your estate after all other gifts have been distributed. You may decide to either leave the total or a percentage.

Cash gift - or a pecuniary gift. This is a gift of a fixed sum of money.

Specific gift. This is a named item left in your Will, such as a piece of jewellery, art or a car.

It is usually quite straight forward to make a Will, however we recommend that you seek professional advice when planning your Will to make sure it is valid and legal.

If you already have a Will in place and wish to remember the Charity with a gift, a solicitor can make an amendment to your Will using a codicil.

Your gift will help us continue making every moment count for our future patients and loved ones.

Tax benefits. Most gifts left to us are exempt from Inheritance Tax, because we are a charity. For more information visit gov.uk/donating-to-charity or ask your solicitor.

Please take time to look at Our Promise to You: arhc.org.uk/our-legacy-promise.asp

Timeline

1979 - New Hospice site at Brookfields

1981 - Arthur Rank House opens on Mill Road - officially opened by the Duchess of Kent

1988 - Community Nurse Specialist Team operate from Arthur Rank Hospice (now part of the Specialist Palliative Care Home Team)

1992 - Lymphoedema Clinic set up as pilot study

1995 - Regent Street shop opens

- Bernard Reiss Centre opened to house Day Therapy

2000 - Friends of Arthur Rank House becomes Arthur Rank Hospice Charity

2002 - Prince Charles visits (now King Charles III)

2004 - Library opens

2006 - Arthur Rank Hospice Charity launches Hospice at Home service

2010 - Mill Road Charity shop opens

2012 - Rebrand to current logo

2015 - Work starts on building the new Hospice

- Alan Hudson Day Treatment Centre in Wisbech becomes an Arthur Rank Hospice managed service

2016 - New Hospice in Shelford Bottom opens

2017 - Cottenham charity shop opens
- MND clinic locates at Arthur Rank Hospice Charity

2018 - Burleigh Street Charity shop opens

2019 - Alan Hudson Day Treatment Centre starts Community Specialist Palliative Care Service

- First president, Lady Chadwyck-Healey was appointed
- Transitioning Young Peoples service commenced

2020 - Caring Communities launched and Hospice at Home offers day time service in addition to night time service

- Our Retail Hub in Sawston opens to include 2nd hand furniture and household items


2021 - Help at Hand community app launched and Palliative Care Hub is created

- Day Therapy rebranded to Living Well

2022 - 40 years Anniversary and the Palliative Care Hub advice line becomes 24/7

- Alan Hudson Day Treatment centre is officially opened by Her Royal Highness the Duchess of Gloucester

2023 - Secured new retail unit at Sawston



Thank you for considering leaving a gift in your Will to our charity.
If you do choose to leave us such a special gift, we can assure you that your gift will be used to deliver the best possible care and support to our patients and their loved ones. It is people like you who are positively impacting the lives of generations yet to come by helping to secure the future of local hospice care.

Get in touch

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The figures quoted are taken from 2021 - 2022

